

Therapy/input will be delivered in line with the ethos and core values of Holy Angels which provides:

- A safe secure and happy environment to enable each child to develop to his/her full potential.
- Care and education using a multidisciplinary approach with each staff member being aware of the “importance of the dignity, respect and individuality of each child” (Holy Angels mission statement).

Therapists provide input in Holy Angels a number of mornings a week.

Each child will be given an up to date assessment and therapy programme which can be carried out within the daily activities and the play ethos of the centre and at home.

There are many opportunities for natural learning during a child’s day at home or in preschool. For example:

- Dressing and undressing helps with body awareness and motor planning and language for clothes and body parts can be included.

Learning is an ongoing process, e.g. language, movement skills, sensory processing, play skills. Learning occurs all day long. It should be part of everyday activities and especially play.

Children may be seen separately by the appropriate therapist to plan their individual programme. Each key worker will be familiar with the main goals for each child. Children may be offered group sessions if appropriate. These groups may be run jointly by the multidisciplinary team and may include goals from physiotherapy, occupational therapy and speech and language therapy.

Some children have specialized equipment needs, e.g. seating, buggy. These will be reviewed as necessary by the relevant therapist.

Each child will have a pool programme which will encourage the children to be happy in the water.

Therapists will meet with parents and staff to review goals and update as needed. Goals set for the child aim to be:

- Specific
- Measurable
- Appropriate to the child’s needs,
- Realistic
- Time framed for review.

This will ensure the child makes progress at their own pace.

The staff at Holy Angels have knowledge and /or training from all disciplines and are equipped to carry out prescribed therapy programmes in a child’s natural pre-school environment. Ongoing staff training and support is provided by HSE staff.

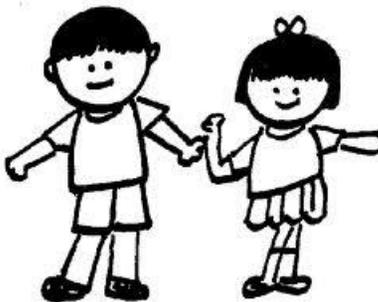
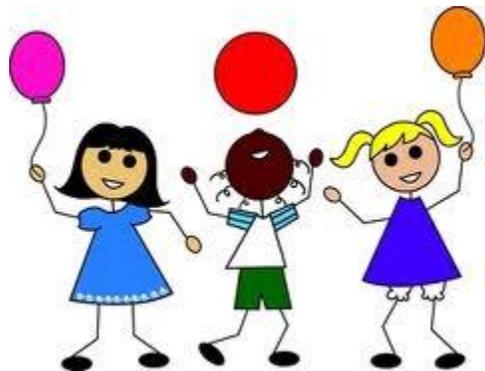
If you would like to discuss your child’s programme, with a member of the multidisciplinary team, please contact the number below to arrange an appointment:

**Bethany House,
Barrack Street,
Carlow
076 1082200**



While playing with your child, below are some strategies to develop your child's skills are:

- Follow your child's lead and follow what he/she is interested in.
- Use single words or signs or short phrases while commenting. Keep your language simple.
- Praise your child.
- Use your natural learning opportunities, e.g. setting the table, baking/cooking, cleaning and tidying up toys.
- Use community resources, e.g. playgrounds, art groups, swimming pool, stretch and grow.



HE Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

*Speech and Language
Therapy, Occupational
Therapy and
Physiotherapy
Service to Children
attending Holy Angels*

